

Name: _____

How many can you do in 60 seconds?	P	A	P	A	P	A
	Jumping Jacks					
	Sit-ups					
	Hops					
	Toe Touches					
	Push-ups					
	Step-ups					
	Burpees					
	Arm Circles					
	Skips					
	Squats					
Pulse						

P - Prediction. A - Actual